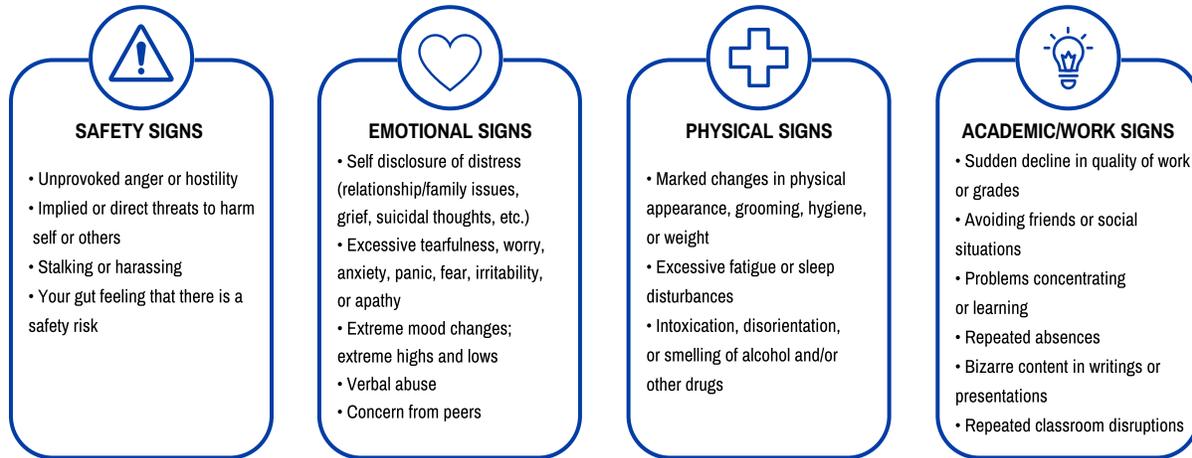


# SIGNS OF DISTRESS

**SEE SOMETHING. SAY SOMETHING. DO SOMETHING.**

A person's behavior, especially if it changes over time, may be a sign of distress. You might be the first person to recognize these signs, especially if you have frequent or prolonged contact with a student or colleague.

**Trust your instincts if someone leaves you feeling worried, alarmed, or threatened.**



# RESPONSE FLOW CHART

Follow the chart below to best determine who to contact when faced with a student or colleague who is distressed, disruptive, or in crisis.

